

*Delaware Volunteer Firefighters and Ladies' Auxiliary
Mutual Relief Association, Inc.*

MINUTES
October 20, 2015

The meeting was called to order on Tuesday, October 20, 2015 at 6:40 p.m. at Frederica Pizza.

Trustees Present:

New Castle: Ed Kalinowski, Nancy Migliavacca, Rich Weaver
Kent: Steve White
Sussex: Patrick Miller, Ginni Tice and Bill Tobin

DVFA Advisory Committee Present: None.

Guests: None.

Treasurer's Report: None.

Payment of Bills: None.

Minutes:

The Minutes of the August 27, 2015 and September 17, 2015 as well as the Executive Minutes of September 17, 2015 were approved as corrected on a motion by Ed Kalinowski and a second by Rich Weaver.

Communications: None.

Trustee Reports: None.

Old Business: None.

New Business:

- It was discussed at great length the need to improve the relationship between the MRA and the county as well as individual fire companies & auxiliaries throughout the state. It was decided that the Association could possibly come up with a PowerPoint presentation and have it available for all fire companies/auxiliaries. The presentation will include all plans and policies that the MRA administers.

- Lewes Fire Dept. has requested a presentation on the AD& D policy that was introduced at Conference:

First Responder Assistance Program:

As you probably understand, firefighting is the third most stressful job in the US*. Provident can help offer some relief with the First Responder Assistance Program, which is included with our [Accident & Health insurance coverage](#).

The First Responder Assistance Program offers confidential support, resources and referrals any time day or night by phone or online for first responders and their families for issues regarding:

- Stress Management
 - Depression
 - Family Conflict
 - Anxiety
 - Grief and Loss
 - Relationships
 - Financial or Legal
 - Addictions
 - Problem Gambling
 - Child and Elder Care
 - For more information and to access the services available with the First Responder Assistance Program, call **855-207-1747**.
 - Or visit the website at www.BDAEAP.com.
- It was also discussed that the Association will attempt to address all questions that were not answered at the Conference meeting.

Good of the Association: The next meeting will be held on Tuesday, November 17, 2015 at 7 p.m. at Frederica Fire Department.

The meeting was **adjourned** at 8:00 p.m.

Respectfully submitted,
Ginni Tice
Secretary, MRA